

# Crafting the Soul

Find Your Purpose  
Revitalize Your Spirituality  
Transform Your Life



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# Worship is the Central Issue





# Created to Reflect God

Declare His Glory

Display His Greatness

Reflect His Character

“God has made humans to reflect him but if they do not commit themselves to him, they will not reflect him but something else in creation. At the core of our beings we are imaging creatures. It is not possible to be neutral on this issue: we either reflect the Creator or something in creation.”

G.K. Beale

*We Become What We Worship*

# The Heart of Idolatry

## Romans 1:21-25



# The Heart of Idolatry

# Romans 1:21-25



# Spiritual Formation

Disciplining Ourselves for Godliness



Discipline Leads to  
Freedom



A farmer is helpless to grow grain; all he can do is provide the right conditions for the growing of grain. He cultivates the ground, he plants the seed, he waters the plants, and then the natural forces of the earth take over and up comes the grain. This is the way it works with the Spiritual Disciplines—  
they are a way of sowing to the Spirit. The Disciplines are God's way of getting us into the ground; they put us where he can work within us and transform us.

Richard Foster

*Celebration of Discipline*



Tools That Align Us with God's Plan

# Reading Scripture & Meditation

- Hearing God's Word
- Reading God's Word
- Scripture Memorization & Meditation



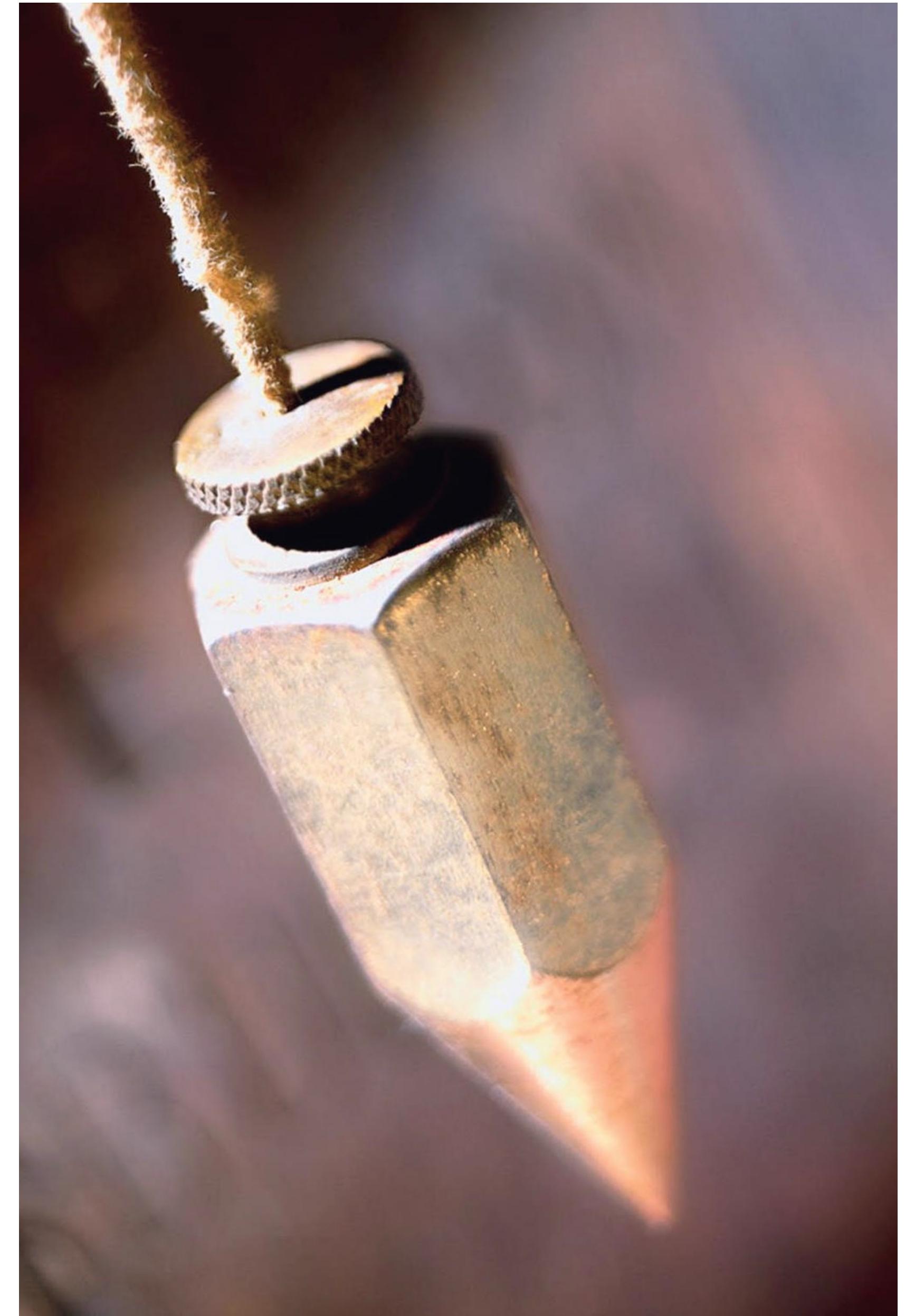


# Prayer

- Prayer and the Word of God
- Praying with Others
- Written Prayers
- Celebrating God's answered prayers

# Worship

- What is worship?
- Private & Corporate Worship
- Ideas to Cultivate Personal Times of Worship





Tools That Shape Us into Christ's Image



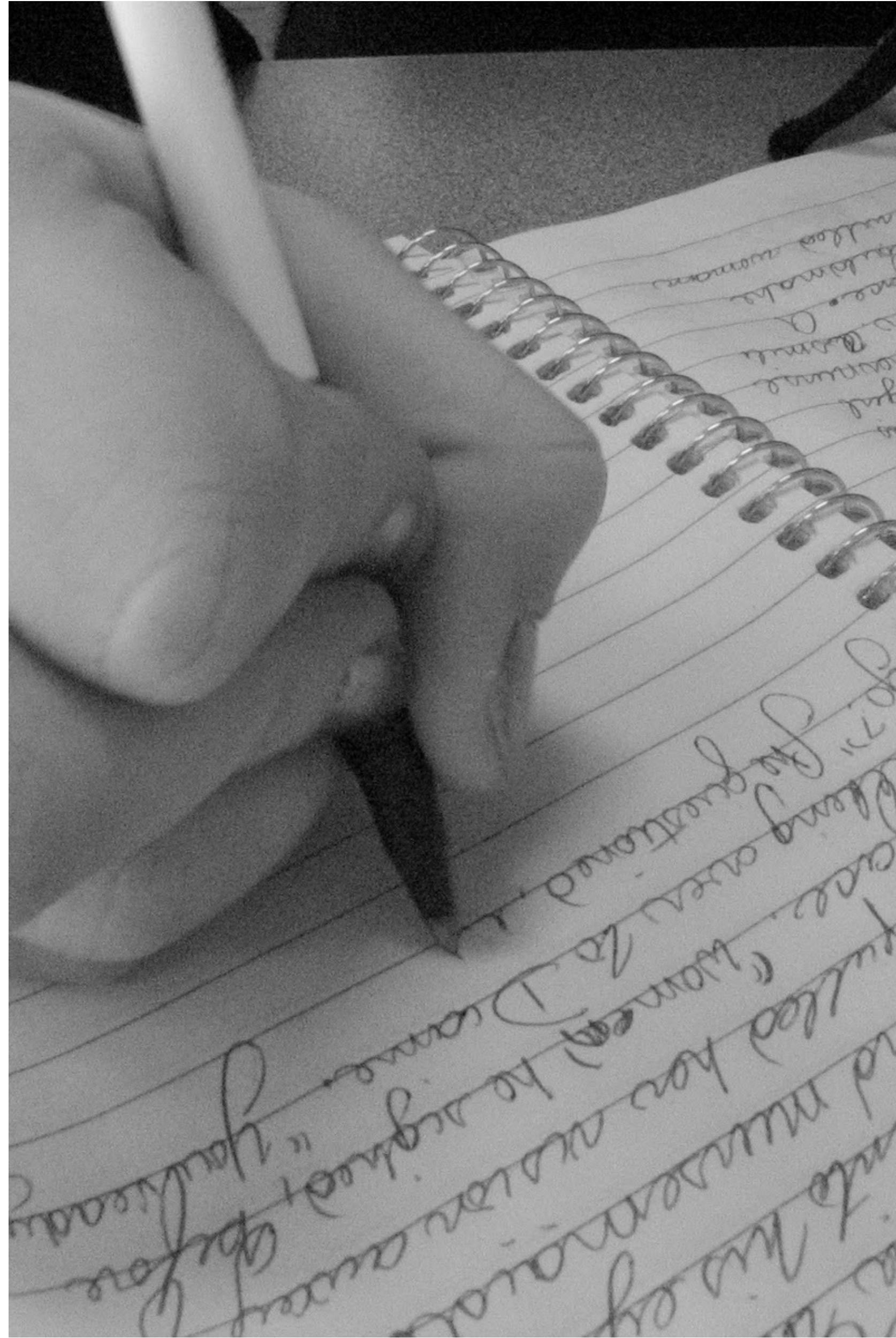
# Fasting

- Fasting with a Purpose
- Modeled Throughout the Scriptures
- Reasons to Fast

# Silence & Solitude

- Rise of Distractions
- Example of Christ
- Rest and Recovery
- Compliment to Godly Fellowship





# Studying & Journaling

- Record Keeping
- Journaling Slows Us Down and Causes Us to Think Deeply
- Loving the Lord with All Your ...Mind?



Tools That Build Us Up Together as the Body of Christ

# Service

- Expressing Faith in Tangible Actions
- Tool to Correct Self-Absorption
- Means By Which God is at Work in the World





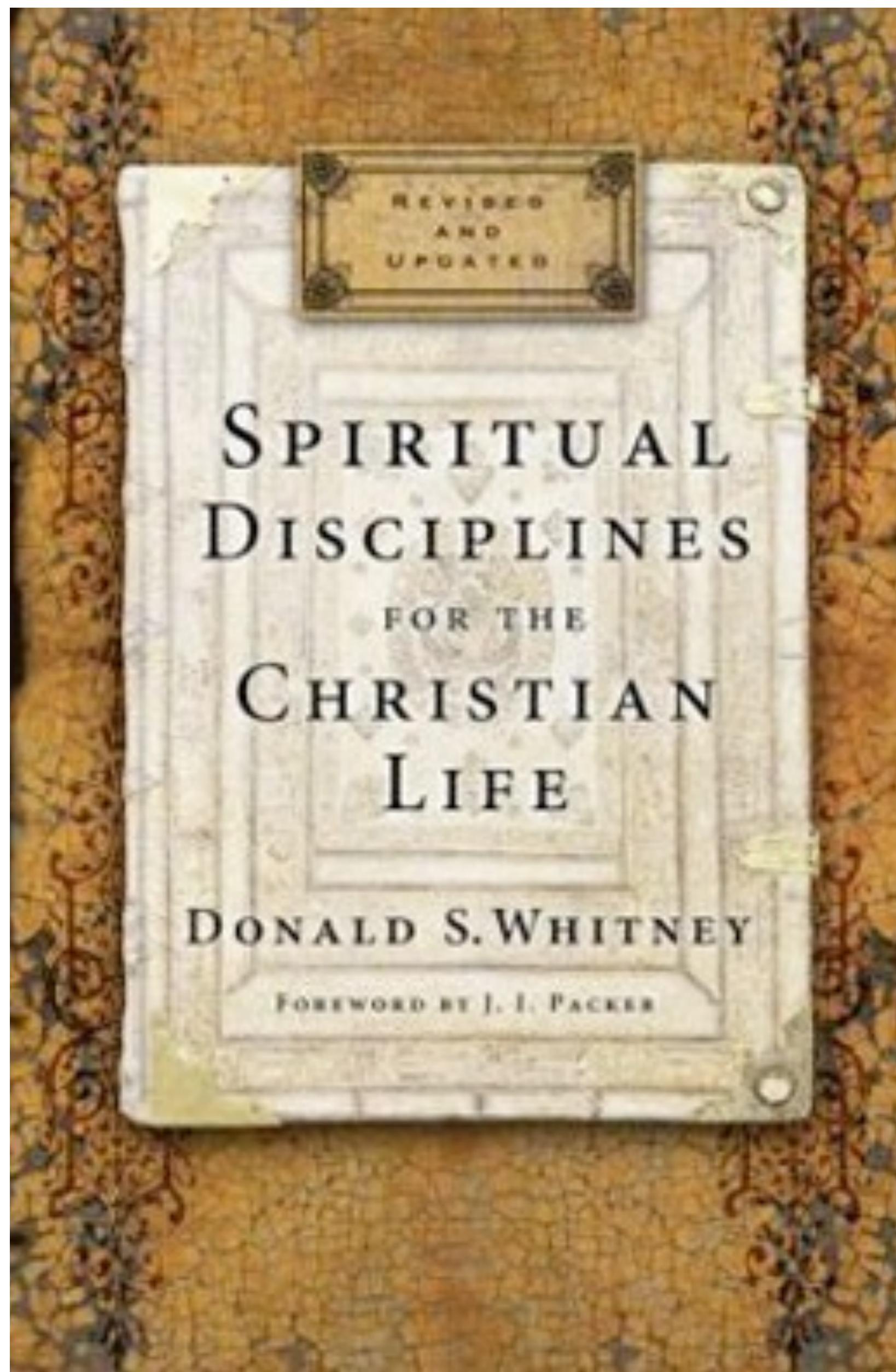
# Fellowship

- Strengthen and Build Each Other's Faith
- Be Vulnerable
- Accountability
- Godly Recreation

# Stewardship

- Prioritization
- Self-Sacrifice
- Modeling Behavior
- Supporting God's Work Abroad





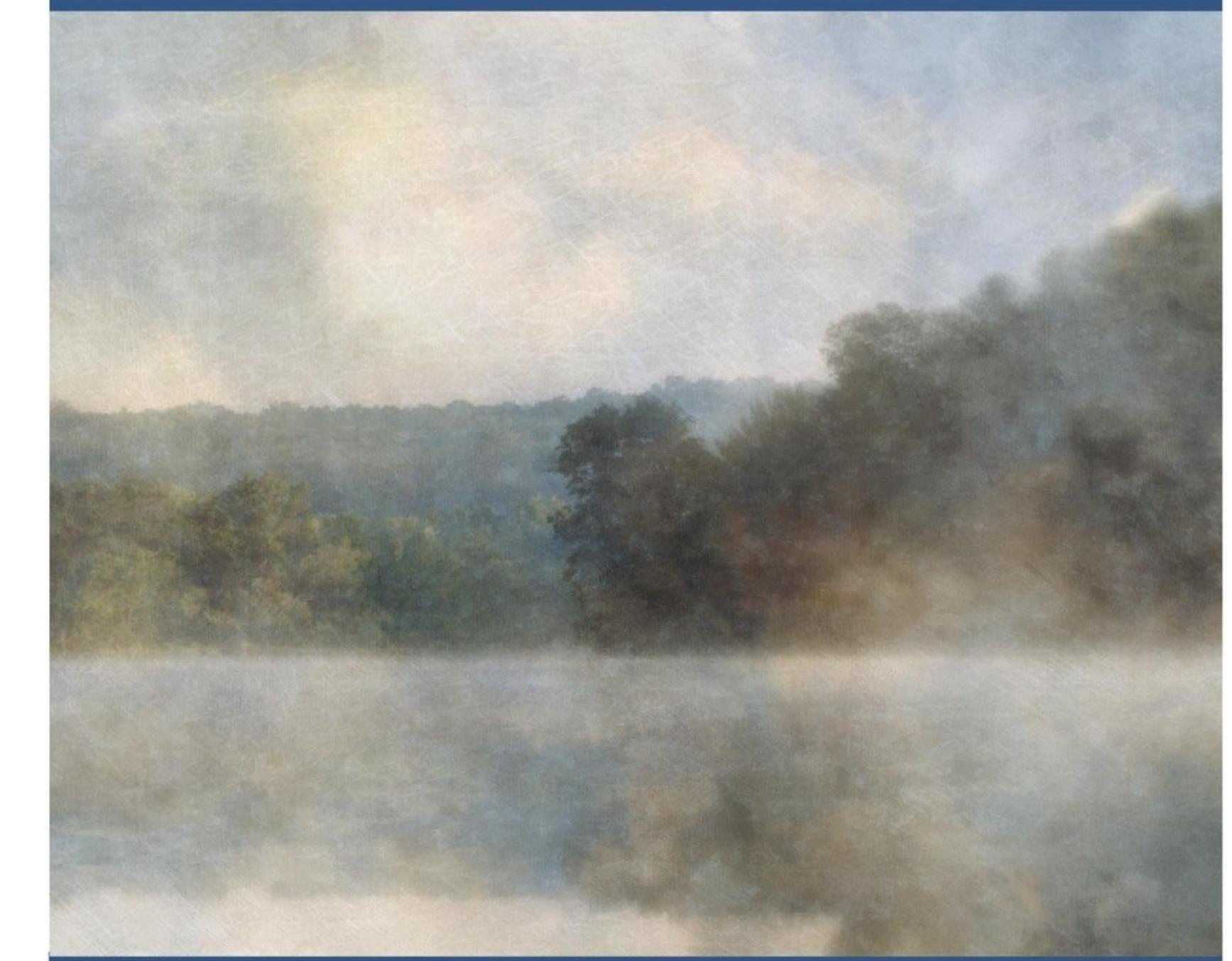
# Spiritual Disciplines for the Christian Life

Donald S. Whitney

# Celebration of Discipline

Richard Foster

RICHARD J. FOSTER



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The Path to Spiritual Growth

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